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Clinical Pathways

Evidence-Based Practice Collaborative

6-2024

Catheter-Directed Thrombolysis

Children's Mercy Kansas City

These guidelines do not establish a standard of care to be followed in every case. It is recognized that each case is different and those individuals involved in providing health care are expected to use their judgment in determining what is in the best interests of the patient based on the circumstances existing at the time. It is impossible to anticipate all possible situations that may exist and to prepare guidelines for each. Accordingly, these guidelines should guide care with the understanding that departures from them may be required at times.

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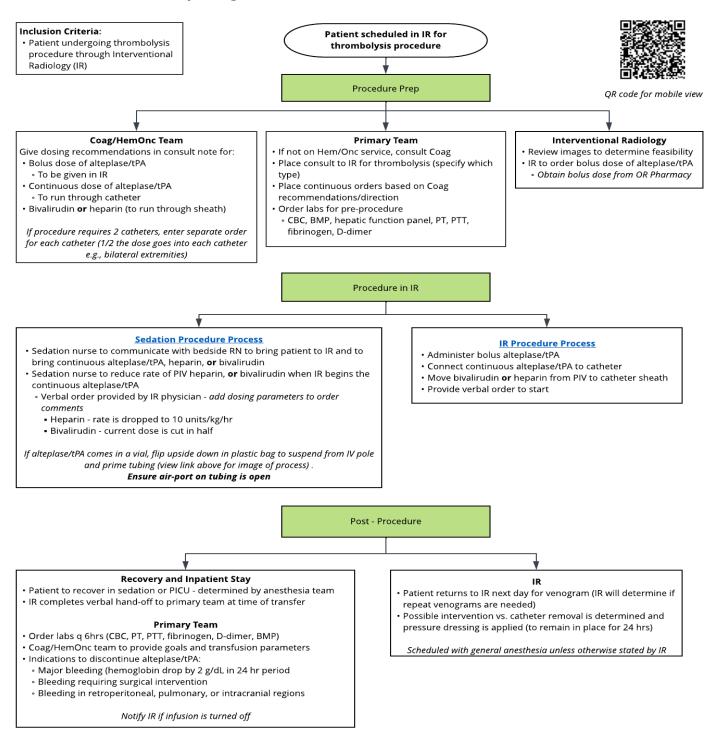
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Evidence Based Practice Date Finalized: June 2024

Catheter-Directed Thrombolysis Clinical Pathway Synopsis

Catheter-Directed Thrombolysis Algorithm



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Evidence Based Practice Date Finalized: June 2024

Table of Contents

Catheter-Directed Thrombolysis Algorithm	1
Objective of Clinical Pathway	3
Background	3
Target Users	3
Target Population	3
Practice Recommendations	3
Additional Questions Posed by the Clinical Pathway Committee	3
Measures	3
Value Implications	3
Organizational Barriers and Facilitators	3
Diversity/Equity/Inclusion	3
Power Plans	3
Clinical Pathway Preparation	4
Thrombolysis Clinical Pathway Committee Members and Representation	4
Clinical Pathway Development Funding	4
Approval Process	4
Review Requested	4
Version History	4
Date for Next Review	4
Implementation & Follow-Up	4
Disclaimer	5
References	6

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Objective of Clinical Pathway

This pathway aims to minimize unnecessary variations in care and maximize patient safety for patients undergoing a thrombolysis procedure in interventional radiology.

Background

The incidence of pediatric thrombosis, arterial or venous, ranges between 2.6 and 6.4 cases per 100,000 per year (Betensky et al., 2022; Bhatt & Chan, 2021). Thrombosis occurs most often in very sick neonates and, increasingly, in children with prolonged hospitalization (Song et al., 2023; Thom et al., 2020). The Thrombolysis Clinical Pathway Committee developed this pathway to guide providers through each step during thrombolysis procedures to provide standardization of care and decrease process safety errors.

Target Users

- Physicians (Radiologists, Hematologists, Anesthesiologists, Critical Care, Residents, Fellows)
- Nursing (Sedation, Interventional Radiology)
- **Pharmacists**

Target Population

Inclusion Criteria

Patients undergoing thrombolysis through interventional radiology

Practice Recommendations

Practice recommendations in the Thrombolysis Clinical Pathway are based on consensus among providers who have knowledge of the existing evidence and expertise in evaluating, treating, and monitoring pediatric patients undergoing thrombolysis procedures.

Additional Questions Posed by the Clinical Pathway Committee

No clinical questions were posed for this review.

Measures

Error-free procedure set-up

Value Implications

The following improvements may increase value by reducing healthcare and non-monetary costs (e.g., missed school/work, loss of wages, stress) for patients and families and reducing costs and resource utilization for healthcare facilities.

Decreased unwarranted variation in care

Organizational Barriers and Facilitators Potential Barriers

Variability of acceptable level of risk among providers

Potential Facilitators

- Collaborative engagement across care continuum settings during clinical pathway development
- Anticipated high rate of use of the clinical pathway

Diversity/Equity/Inclusion

Our aim is to provide equitable care. These issues were discussed with the Committee, reviewed in the literature, and discussed before making any practice recommendations.

Power Plans

There are no associated power plans with this clinical pathway

Associated Policies

There are no associated policies with this clinical pathway

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Evidence Based Practice

Date Finalized: June 2024

Clinical Pathway Preparation

This product was prepared by the Evidence Based Practice (EBP) Department in collaboration with the Thrombolysis Clinical Pathway Committee, which is composed of content experts at Children's Mercy Kansas City. If a conflict of interest is identified, the conflict will be disclosed next to the committee member's name.

Thrombolysis Clinical Pathway Committee Members and Representation

- Viet Le, MD | Radiology | Committee Co-Chair
- Brenton Reading, MD | Radiology | Committee Co-Chair
- Chelsea Fox, MSN, APRN, CPNP-PC | Interventional Radiology | Committee Co-Chair
- Jay Rilinger, MD | Critical Care Medicine | Committee Member
- Lauren Amos, MD | Hematology/Oncology/BMT | Committee Member
- Ivy Martin, MSN, RN, CPN, CSRN | Sedation | Committee Member
- Christopher Klockau, RPh, BCOP | Pharmacy | Committee Member

EBP Committee Members

- Todd Glenski, MD, MSHA, FASA | Anesthesiology, Evidence Based Practice
- Andrea Melanson, OTD, OTR/L | Evidence Based Practice

Clinical Pathway Development Funding

The development of this clinical pathway was underwritten by the following departments/divisions: Interventional Radiology, Critical Care Medicine, Hematology/Oncology, Anesthesia, Pharmacy, and Evidence Based Practice.

Conflict of Interest

The contributors to the Thrombolysis Clinical Pathway have no conflicts of interest to disclose related to the subject matter or materials discussed.

Approval Process

- This product was reviewed and approved by the Thrombolysis Clinical Pathway Committee, Content Expert
 Departments/Divisions, and the EBP Department, after which they were approved by the Medical Executive
 Committee.
- Products are reviewed and updated as necessary every 3 years within the EBP Department at CMKC. Content expert teams are involved with every review and update.

Review Requested

VICW Requested		
Department/Unit	Date Approved	
Interventional Radiology	June 2024	
Critical Care Medicine	June 2024	
Hematology/Oncology	June 2024	
Sedation	June 2024	
Pharmacy	June 2024	
Evidence-Based Practice	June 2024	

Version History

Date	Comments
June 2024	Version one – (Algorithm and synopsis created)

Date for Next Review

June 2027

Implementation & Follow-Up

- Once approved, the pathway was presented to appropriate care teams and implemented. Care measurements will be assessed and shared with appropriate care teams to determine if changes need to occur.
- Education was provided to all stakeholders:
 - o Nursing units where the Thrombolysis Clinical Pathway is used
 - Department of Radiology, Critical Care Medicine, Hematology/Oncology, Sedation, and Pharmacy

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Evidence Based Practice

Date Finalized: June 2024

- o Resident physicians
- Additional institution-wide announcements were made via email, the hospital website, and relevant huddles.
- Metrics will be assessed and shared with appropriate care teams to determine if changes need to occur.

Disclaimer

When evidence is lacking or inconclusive, options in care are provided in the supporting documents and the power plan(s) that accompany the clinical pathway.

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Evidence Based Practice

Date Finalized: June 2024

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