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Sawubona from Swaziland! - A Global Health View of the HIV/AIDS Epidemic in Swaziland

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Background

• Interest in HIV/Tuberculosis
• Desire to learn how to practice evidence based medicine in a low resource setting

Objective

• To engross myself in a completely different culture
• To learn about practicing medicine in a resource poor setting
• To learn about the public health effects of HIV

Experience

• Worked in clinic for children with HIV/AIDs in the capital city of Mbabane and had the opportunity to travel to community hospitals and clinics throughout the country

Reflection

• Appreciation for resources in the western world
• Improved clinical acumen when forced to make decisions in a resource poor setting
• Recognition of culture and history on public health and well-being
• Procurement of clinical knowledge of infections in the immunocompromised population
• Immersion into an unfamiliar culture

Preparation

swaziland integrated management guidelines

Future Directions

• Continued interest in HIV both at home and abroad
• Further trips to Africa