Sawubona from Swaziland! A Global Health View of the HIV/AIDS Epidemic in Swaziland

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Background
• Interest in HIV/Tuberculosis
• Desire to learn how to practice evidence based medicine in a low resource setting

Objective
• To engross myself in a completely different culture
• To learn about practicing medicine in a resource poor setting
• To learn about the public health effects of HIV

Experience
• Worked in clinic for children with HIV/AIDS in the capital city of Mbabane and had the opportunity to travel to community hospitals and clinics throughout the country

Reflection
• Appreciation for resources in the western world
• Improved clinical acumen when forced to make decisions in a resource poor setting
• Recognition of culture and history on public health and well-being
• Procurement of clinical knowledge of infections in the immunocompromised population
• Immersion into an unfamiliar culture

Preparation

Future Directions
• Continued interest in HIV both at home and abroad
• Further trips to Africa