Background

- The Philippines is a sovereign and archipelagic country in Southeast Asia consisting of >7,000 islands.
- Quezon City is the most populous city in Metro Manila, the National Capital Region of the Philippines.
- The Philippine Children's Medical Center (PCMC) is one of the government-owned National Centers for Specialized Health Care under the Department of Health.
- PCMC is a 200-bed capacity tertiary hospital that offers pediatric care, training programs for medical and allied health care providers and is a center of clinical research.

Experience/Reflection

- My clinical time was divided into inpatient wards, outpatient clinic and the emergency department.
- I cared for patients with a variety of different disease processes, which allowed me to observe the effect of limited resources on disease progression and acuity.

Objective/Preparation

- My objective was to gain international experience in general pediatrics.
- To prepare for this elective, I reviewed the WHO Pocketbook of Hospital Care for Children and spoke to several CMH residents.

Future Directions

- This summer I will begin a research fellowship in general pediatrics at Cincinnati Children’s.
- I anticipate drawing much from my experience in the Philippines as I build a career focused on immigrant health and health equity.