Global Health Elective, Philippine Children's Medical Center

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Global Health Elective
Philippine Children’s Medical Center
Quezon City, Metro Manila, Philippines
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Background
• The Philippines is a sovereign and archipelagic country in Southeast Asia consisting of >7,000 islands.
• Quezon City is the most populous city in Metro Manila, the National Capital Region of the Philippines.
• The Philippine Children’s Medical Center (PCMC) is one of the government-owned National Centers for Specialized Health Care under the Department of Health.
• PCMC is a 200-bed capacity tertiary hospital that offers pediatric care, training programs for medical and allied health care providers and is a center of clinical research.

Experience/Reflection
• My clinical time was divided into inpatient wards, outpatient clinic and the emergency department.
• I cared for patients with a variety of different disease processes, which allowed me to observe the effect of limited resources on disease progression and acuity.

Objective/Preparation
• My objective was to gain international experience in general pediatrics.
• To prepare for this elective, I reviewed the WHO Pocketbook of Hospital Care for Children and spoke to several CMH residents.

Future Directions
• This summer I will begin a research fellowship in general pediatrics at Cincinnati Children’s.
• I anticipate drawing much from my experience in the Philippines as I build a career focused on immigrant health and health equity.