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Community Acquired Pneumonia Antibiotic Duration

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Specific Care Question

In pediatric patients with uncomplicated community acquired pneumonia (CAP), is three days of antibiotic treatment noninferior to a longer duration for clinical cure?

Rationale for Question Asked

Since the publication of the most recent guidelines for pediatric CAP by the Pediatric Infectious Diseases Society (PIDS) and the Infectious Diseases Society of America (IDSA) (Bradley et al., 2011), additional literature addressing the length of antibiotic therapy for CAP has been published. The new evidence has suggested that shorter treatment courses (3 – 5 days) may be sufficient compared to longer treatment courses (7 – 10 days).

Recommendations from the Community Acquired Pneumonia Clinical Pathway Committee:

For patients with uncomplicated, mild, or moderate CAP, a strong recommendation is made for a shorter course of antibiotic treatment (3 - 5 days) for patients ≤ 5 years of age. Considerations for longer antibiotic treatment (5 - 7 days) should be made for hospitalized patients with CAP or patients ≥ 5 years of age. Data on shorter courses for hospitalized children or children > 5 years of age re not as robust. Generally, 5 days is sufficient in most cases of uncomplicated CAP.

Overview and Certainty of Evidence

The systematic review by Li et al. (2022) included eight randomized control trials (RCTs) that compared short-course antibiotic treatment to long-course antibiotic treatment and reported the outcome of treatment failure (N = 10,662), defined by continuation of pneumonia or new signs of complication, persistent fever after treatment completion, necessitation of change to antibiotics, hospital admission, missed treatment doses, loss to follow-up, or death. Four of the included studies compared treatment of 3 days (n = 4,545) to treatment of 5 days (n = 4,563). Three of the included studies compared treatment of 5 days (n = 357) to treatment of 10 days (n = 366). A single study compared treatment of 3 days (n = 413) to treatment of 7 days (n = 401). A single study compared treatment of 3 days (n = 10) to treatment of 10 days (n = 7).

For the outcome of treatment failure, the systematic review did not find a difference when comparing patients receiving short course treatment and patients receiving long course treatment, RR = 1.01, 95% CI [0.92, 1.12], p = .84. When comparing subgroups, no difference was observed when comparing a 3-day course to a 5-day course (RR = 1.01, 95% CI [0.91, 1.12], p = .81), and no difference was observed when comparing a 5-day course to a 10-day course (RR = 0.87, 95% CI [0.50, 1.53], p = .64).

Certainty of the Evidence for Antibiotic Duration. The systematic review authors assessed the certainty of the evidence using the Grading of Recommendations Assessment, Development and Evaluation (GRADE) approach (Guyatt et al., 2008). The systematic review authors found the certainty of evidence to be high for the outcome of treatment failure for all patients combined and for the subgroup of patients aged 2 - 59 months. However, for the subgroup of patients aged 5 - 10 years the certainty of the evidence was low due to very serious imprecision attributed to the wide confidence interval of the result and small sample size of results.

Study characteristics. The search for suitable studies was completed on October 9th, 2023. T. Glenski, MD, performed an initial review on the 349 titles and/or abstracts and identified 32 single studies or systematic reviews believed to answer the question. J. Markham, MD, and F. Turcotte, MD, further reviewed the 32 titles and/or abstracts found in the search and identified two single studies and two systematic reviews believed to answer the question. After an in-depth review of the single studies and systematic reviews, one systematic review answered the question(s).

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Included Studies

Author (Year)	Study Type	Population	N	Intervention	Control	Outcomes of Interest	Results
Li et al. (2022)	Systematic Review/Meta- Analysis	Patients aged 2 months – 10 years with non- severe CAP	N = 10,662	Short course antibiotic treatment (3 or 5 days)	Long course antibiotic treatment (5, 7 or 10 days)	Treatment failure	 Eight RCTs reported treatment failure. Treatment failure occurred in 12.8% of patients receiving short course treatment and in 12.6% of patients receiving long course treatment (RR =1.01, 95% CI [0.92, 1.12], p = .84). A 3-day course was noninferior to a 5-day course (RR = 1.01, 95% CI [0.91, 1.12], p = .81). A 5-day course was noninferior to a 10-day course (RR = 0.87, 95% CI [0.50, 1.53], p = .64).

Table 1. Treatment failure

Treatment fail	lure: 8	studies.	N =	10,662

Control	Experiment	Result	
Long course (5, 7 or 10	Short course (3 or 5 days)	RR = 1.01, 95% CI [0.92,	
days) $n = 5,337$	n = 5,323	1.12], $p = 0.84$	
Subgroup analysis: 3 days vs 4 studies, N = 9108	s. 5 days		
5 days	3 days	RR 1.01, 95% CI [0.91,	
n = 4563	n = 4545	1.12], $p = 0.81$	
Subgroup analysis: 5 days vs. 10 days 3 studies, N = 723			
10 days	5 days	RR 0.87, 95% CI [0.50,	
_ n = 366	n = 357	1.53], $p = 0.64$	

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Identification of Studies Search Strategy and Results (see Figure 1)

- No. Query Results
- #10 AND ('clinical trial'/de OR 'clinical trial topic'/de OR 'comparative effectiveness'/de OR 'comparative study'/de OR 'consensus development'/de OR 'controlled clinical trial'/de OR 'controlled study'/de OR 'cross sectional study'/de OR 'double blind procedure'/de OR 'evidence based practice'/de OR 'intention to treat analysis'/de OR 'intervention study'/de OR 'major clinical study'/de OR 'meta analysis'/de OR 'multicenter study'/de OR 'multicenter study topic'/de OR 'observational study'/de OR 'practice guideline'/de OR 'prospective study'/de OR 'randomized controlled trial'/de OR 'randomized controlled trial topic'/de OR 'systematic review'/de) AND ('article'/it OR 'article in press'/it OR 'erratum'/it OR 'preprint'/it OR 'review'/it) 349
- #11 #10 AND ('clinical trial'/de OR 'clinical trial topic'/de OR 'comparative effectiveness'/de OR 'comparative study'/de OR 'consensus development'/de OR 'controlled clinical trial'/de OR 'controlled study'/de OR 'cross sectional study'/de OR 'double blind procedure'/de OR 'evidence based practice'/de OR 'intention to treat analysis'/de OR 'intervention study'/de OR 'major clinical study'/de OR 'meta analysis'/de OR 'multicenter study'/de OR 'multicenter study topic'/de OR 'observational study'/de OR 'practice guideline'/de OR 'prospective study'/de OR 'randomized controlled trial'/de OR 'randomized controlled trial topic'/de OR 'systematic review'/de) 453
- #10 #9 AND ([adolescent]/lim OR [child]/lim OR [infant]/lim OR [newborn]/lim OR [preschool]/lim OR [school]/lim OR 'child'/exp OR child OR 'children'/exp OR children OR 'pediatrics'/exp OR pediatrics OR 'pediatric' OR pediatric' OR paediatric' OR paediatric' OR paediatric' OR paediatric OR 'pediatric' OR pediatric' OR paediatric' OR p
- #9 #5 AND #8 6379
- #8 #6 AND #7 1318419
- 'dosage schedule comparison'/exp OR 'drug administration schedule' OR 'short course' OR 'short-course' OR 'long course' OR 'long-course' OR 'time'/exp OR time:ti,ab,kw OR 'time factor'/exp OR 'treatment duration'/exp OR 'duration' OR duration:ti,ab,kw OR course:ti,ab,kw OR '3day*' OR '5 day*' OR '7 day*' OR '10 day*' OR 'drug administration'/exp OR 'short course therapy'/exp OR 'short duration' 0R 'long duartion' 8831362
- "antibiotic agent'/exp OR 'antibiotic agent':ti,ab,kw OR 'antibiotic therapy'/exp OR 'antibiotic therapy':ti,ab,kw OR 'antibiotic'/exp OR antibiotic:ti,ab,kw OR 'antibiotic'/exp OR amoxicillin:ti,ab,kw 4961461
- #5 #3 OR #4 28964
- #4 'community acquired pneumonia'/exp OR 'community acquired pneumonia' 25422
- #3 #1 AND #2 28954
- "bacterial pneumonia'/exp OR 'bacterial pneumonia':ti,ab,kw OR 'pneumonia'/exp OR pneumonia:ti,ab,kw OR 'virus pneumonia'/exp OR 'viral pneumonia':ti,ab,kw OR 'lower respiratory tract infection'/exp 640279
- #1 'community acquired infection'/exp OR 'community acquired':ti,ab,kw

Search Dates: 2018 - Current (Justification for chosen timeframe: This question was reviewed by EBP for a CAT in 2018.)

Records identified through database searching n = 349

Additional records identified through other sources n = 0

Records excluded due to not answering PICOT question or inclusion in systematic review n = 345

Studies Not Included in this Review with Exclusion Rationale

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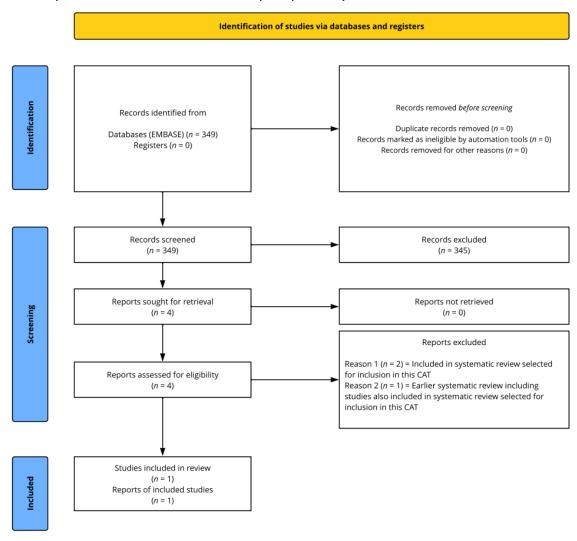
Citation	Reason for exclusion
Barrat et al. (2021)	Report of the study by Bielicki et al. (2021)
Bielicki et al. (2021)	Included in the systematic review from Li et al. (2022).
Kuitunen et al. (2023)	The relevant studies included in this systematic review are also included in the systematic review from Li et al. (2022). The remaining studies in this systematic review do not compare the antibiotic duration in question.

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Figure 1

Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRIMSA)



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Question Originator

J. Herigon, MD, MPH, MBI

Findings from this review were presented with the question originator and J. Markham, MD, MSc, F. Turcotte, MD, MPH, FAAP, S. Bolger Theut, DO, M. Dannenberg, MD, A. Burns, PharmD, BCPPS, and R. Rolf on December 12, 2023.

Medical Librarian Responsible for the Search Strategy

K. Swaggart, MLIS, AHIP

EBP Team or EBP Scholars Responsible for Analyzing the Literature

A. Randall, MHA, RRT, RRT-ACCS, RRT-NPS, C-NPT, CPPS

EBP Medical Director Responsible for Reviewing the Literature

T. Glenski, MD, MSHA, FASA

EBP Team Member Responsible for Reviewing, Synthesizing, and Developing this Document

M. Gripka, MT (ASCP) SM

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- Page, M. J., McKenzie, J. E., Bossuyt, P. M., Boutron, I., Hoffmann, T. C., Mulrow, C. D., ... & Moher, D. (2021). The PRISMA 2020 statement: an updated guideline for reporting systematic reviews. International journal of surgery, 88, 105906. The Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) flow diagram depicts the process in which literature is searched, screened, and eligibility criteria is applied. For more information, visit www.prisma-statement.org.

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Appendix

Table 2. Summary of Findings Table

QUESTION

In pediatric patients with uncomplicated community-acquired pneumonia (CAP), is 3 days of antibiotic treatment noninferior to a longer duration for clinical cure?

POPULATION: Pediatric patients with uncomplicated community acquired pneumonia (CAP)

INTERVENTION: Shorter course antibiotic treatment (3 – 5 days)

COMPARISON: Longer course antibiotic treatment (7 – 10 days)

MAIN OUTCOMES: Treatment failure

ASSESSMENT

Certainty of evidence What is the overall certainty of the evidence of effects?				
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS		
 ∨ery low Low Moderate High No included studies 	From the systematic review by Li et al. (2022): Eight studies reported treatment failure (N = 10,662). Treatment failure occurred in 12.8% of patients receiving short course treatment and in 12.6% of patients receiving long course treatment (RR 1.01, 95% CI [0.92, 1.12], $p = .84$). A 3-day course was noninferior to a 5-day course (RR 1.01, 95% CI [0.91, 1.12], $p = .81$) and a 5-day course was noninferior to a 10-day course (RR 0.87, 95% CI [0.50, 1.53], $p = .64$). The authors found the quality of evidence to be high for the outcome of treatment failure for all patients combined and for the subgroup of patients aged 2-59 months. However, for the subgroup of patients aged 5-10 years the quality of the evidence was low due to very serious imprecision due to the wide confidence interval of the result and small sample size of results.			

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Cost effectiveness Does the cost-effectiveness of the intervention favor the intervention or the comparison?				
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS		
 Favors the comparison Probably favors the comparison Does not favor either the intervention or the comparison Probably favors the intervention Favors the intervention Varies No included studies 	One study (ISCAP, 2004) found lower mean direct medical costs in the 3-day treatment group (\$1100) vs. the 5-day treatment group (\$1250).	The cost difference of short vs. long doses of antibiotics is minimal. The utilization of urgent care/ED for follow-up visits when the patient does not have a primary care provider varies. There may be a cost and utilization of resources associated with treatment of adverse effects attributed to longer doses of antibiotics.		
What would be the impact of the in	ntervention on health equity?			
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS		
 Reduced Probably reduced Probably no impact Probably increased Increased Varies Don't know 		The following may affect the equity of antibiotic treatment duration: cost of treatment and follow-up, patient adherence to treatment, and the patient's ability to follow-up with primary care provider.		

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Acceptability Is the intervention acceptable to key stakeholders (including patients and families)?			
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS	
 No Probably no Probably yes Yes Varies Don't know Feasibility Is the intervention feasibility		Shorter course is more ideal for patients and families experiencing difficulties administering antibiotics due to patient resistance.	
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS	
 No Probably no Probably yes Yes Varies Don't know 		This change will require education of providers. Adding a statement in the electronic health record (EHR) will facilitate implementation.	

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TYPE OF RECOMMENDATION

Strong recommendation against the intervention	Conditional recommendation against the intervention	Conditional recommendation for either the intervention or the comparison	Conditional recommendation for the intervention	Strong recommendation for the intervention
0	0	0	0	•

CONCLUSIONS

Recommendation

For patients with uncomplicated, mild, or moderate CAP, a strong recommendation is made for a shorter course of antibiotic treatment (3-5 days) for patients \leq 5 years of age.

Subgroup considerations

Considerations for longer antibiotic treatment (5 - 7 days) should be made for hospitalized patients with CAP or patients ≥ 5 years of age. Data on shorter courses for hospitalized children or children > 5 years old are not as robust. Five days is generally sufficient in most cases of uncomplicated CAP.

Implementation considerations

Treatment recommendations will be added to the order set in the electronic health record and the Antimicrobial Stewardship Program (ASP) Outpatient Handbook.

Monitoring and evaluation

Antibiotic usage is monitored by ASP and can be monitored specifically for patients with CAP.

The return visit rate to the ED and Urgent Care Clinics can be monitored for patients with CAP.

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Li et al., 2022

Design	Quantitative Synthesis (meta-analysis)
Objective	To determine whether a shorter course of antibiotics was noninferior to a longer course for childhood non-severe Community Acquired Pneumonia (CAP)
Methods	
	 CAP was defined as pneumonia acquired outside of the hospital. Non-severe CAP was defined as the absence of any general danger signs of CAP (e.g., lethargy, unconsciousness, seizures, or inability to drink) and not requiring referral or injection therapy

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Exclusion criteria:

- Trials including only neonates, in which treatment groups received different antibiotics even if one group received a shorter course (e.g., azithromycin for 3 days vs cotrimoxazole for 5 days) or different doses of antibiotics (e.g., standard vs. double dose of amoxicillin)
- Publications not presenting research findings (e.g., narrative reviews, protocols, opinions, editorials, and reports)
- Population: Less than 18 years of age
- Setting: Not specifically reported
- Study Design: RCTs
- Data collection process:
 - Two groups of investigators extracted data independently
 - o Data from each study were tabulated and checked by a third investigator before analysis
 - Data collected included: age, sex, and country; diagnostic criteria, as well as classification and infection types of pneumonia; type, dose, frequency, and duration of antibiotics; length of followup; and outcomes
- Assessment of the certainty of the evidence-
 - Two reviews independently assessed the risk of bias with the Cochrane Risk of Bias tool. The risk of bias was classified as low, high, or unclear for each study.
 - Disagreements in these assessments were resolved by a third investigator.
- Data Synthesis (what statistical plan do the authors establish a priori): Random-effects models were used to pool the data, which were analyzed from April 15, 2022 to May 15, 2022
 - Dichotomous outcomes: data are presented as pooled risk ratios (RRs) and 95% CI. To facilitate interpretability, risk differences (RDs) were presented according to the probability of achieving the noninferiority margin.
 - o Continuous variables are presented as mean differences with 95% CI
 - Sensitivity analysis to study the association of different definitions of pneumonia and treatment failure with the results by excluding one trial for every analysis
 - Small study effects were assessed by the Egger test, 21 with 2-sided P-values; the threshold for significance was .05. Data analyses with Stata, version 15.0 (StataCorp), and RevMan, version 5.4 (Nordic Cochrane Center, Cochrane Collaboration)
 - Overall Effect Size (just state what is being used in the study)
 - Odds Ratio
 - Relative Risk
 - **CI** (95% CI)
 - Heterogeneity. Heterogeneity was assessed with the I² statistic, and the values above 50% suggested substantial statistical heterogeneity

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B In .	Chudu Calastian (astual manika (data)
Results	Study Selection (actual results/data) Number of articles identified: $N = 7,978$
	Full-text articles assessed for eligibility: $n = 34$
	\circ Studies included in qualitative synthesis: $n = 9$
	Synthesis of quality of evidence (strength of evidence):
	Eight studies had adequate randomization, allocation concealment, and complete outcome data and were
	free from selective outcome reporting and other biases
	Seven studies had adequate blinding of the participants and researchers
	One study had insufficient information for judgment to be made
	Synthesis of quantitative evidence:
	3 days vs. 5 days (four studies)
	o For the outcome of treatment failure ($RR = 1.01$, 95% CI [0.91 – 1.12], $p = .81$
	o For the outcome of relapse ($RD = 0$, 95% CI [$-0 - 0.01$], $p = .58$
	3 days vs. 7 days (one study)
	\circ For the outcome of treatment failure ($RR = 1.01, 95\%$ CI [0.7 – 1.46], $p = .96$
	3 days vs. 10 days (one study)
	o For the outcome of treatment failure ($RR = 6.55$, 95% CI [0.41 – 105.1], $p = .18$
	5 days vs. 10 days (three studies)
	$_{\odot}$ For the outcome of treatment failure (RR = 0.87, 95% CI [0.98 – 1.27], p = .64
	o For the outcome of relapse ($RD = -0.01$, 95% CI [-0.08 – 0.06], $p = .77$
	 For the outcome of relapse (RR = 1.12, 95% CI [0.94 - 1.34] (six studies)
	 For the outcome of any serious adverse event (RR = 1.29, 95% CI [0.75 - 2.22] (three studies)
	For the outcome of antimicrobial resistance
	 Short-Course Outpatient Therapy of Community-Acquired Pneumonia trial, the median number of
	β-lactamase resistance genes per prokaryotic cell during days 19 to 25 was significantly lower
	during the 5-day treatment compared with the 10-day treatment (0.55 [range, 0.18-1.24] vs.
	0.60 [range, 0.21-2.45])
	o Community-Acquired Pneumonia: a randomized controlled (CAP-IT) trial, no significant differences
	in day 28 pneumococcal penicillin nonsusceptibility (14 of 205 vs. 7 of 232) or day 28
	pneumococcal amoxicillin resistance or nonsusceptibility (2 of 205 vs. 2 of 232) between 3-day
	and 7-day treatments
	 INDIACLEN Short Course Amoxicillin Pneumonia Study -(ISCAP) reported that the proportion of
	Streptococcus pneumoniae isolates resistant to cotrimoxazole on day 14 were significantly lower
	with 3-day compared with 5-day treatment (66.7% vs 78.2%)
	 Kartasasmita and Saha found no significant difference in day 15 cotrimoxazole-resistant S.

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pneumoniae (61.5% vs 64.1%) between 3-day vs 5-day treatment



	 For the outcome of absenteeism (one study) Caregiver work absenteeism was significantly lower in the 5-day group than in the 10-day group (incident rate ratio, 0.74; 95%CI [0.65-0.84]) Child absenteeism was similar in the groups (incident rate ratio, 0.95; 95% CI [0.71-1.27]) For the outcome of cost, mean direct medical costs of treating 1000 cases of non-severe pneumonia were lower in the 3-day treatment group (\$1100) than the 5-day treatment group (\$1250) (one study) Overall Effect Size Relative Risk (0.11 - 105.1), dependent upon comparison and outcome For overall shorter course vs. longer course: RR = 1.01 95% CI [0.92, 1.11] (eight studies, n = 10,662) Heterogeneity Treatment failure: t² = 0.0; χ2 = 3.68, df = 7 (p = .82); I² = 0% Relapse: t² = 0.0; χ2 = 1.43, df = 5 (p = .92); I² = 0%
Discussion	Summary of evidence A shorter course of oral antibiotics was non-inferior to a longer course with respect to treatment failure for children with CAP In the subgroup analysis, noninferiority was met for children aged 2 to 59 months but not met for children older than 5 years A 3-day course of antibiotic treatment was non-inferior to a 5-day course for the outcome of treatment failure and a 5-day course was non-inferior to a 10-day course Noninferiority continued to be met in other subgroups, except the comparison between a 3-day and a 10-day course A shorter course of oral antibiotics was non-inferior to a longer course with respect to relapse No differences between the interventions in the risk of other nonserious events or any serious adverse events Risks of gastroenteritis and rash were significantly lower in short-course groups compared with long-course groups Caregiver absenteeism was higher in the longer-course treatment Mean direct medical costs were lower in the shorter-course treatment Limitations Multiple infection types included, and it is possible that the optimal duration of antibiotics differs by different types Microbiologic testing is not routinely performed in outpatient and inpatient settings Neither chest radiographs nor inflammatory biomarkers can reliably discriminate among children with viral, atypical, and bacterial CAP Definitions of pneumonia and treatment failure varied across studies, which may have led to heterogeneity in results

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	 The definition of non-severe CAP was non-specific and open to interpretation. Long-term outcomes not analyzed, due to lack of data
Funding	 Funding This study was supported by a grant from the General Project from the National Clinical Research Center for Child Health and Disorders (Children's Hospital of Chongqing Medical University, Chongqing, China; NCRCCHD-2020-GP-05) Youth Project from the National Clinical Research Center for Child Health and Disorders (NCRCCHD-2021-YP-01) General Basic Research Project from the Ministry of Education Key Laboratory of Child Development and Disorders (GBRP-202112)

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