Scope of Advance Practice Providers' Role in Transition to Adulthood Care

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SCOPE OF ADVANCE PRACTICE PROVIDERS ROLE IN TRANSITION TO ADULTHOOD CARE

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Background
Effective pediatric transition programs are often based upon multidisciplinary teams who divide many responsibilities in teaching patients/caregivers to learn self-health management and successfully transfer to the care of an adult provider when aging out of pediatric care. Using members of their Transition Committee, Children’s Mercy Kansas City developed a list of topics and responsibilities that could present as part of the education and services needed. As teams begin adopting transition planning practices, they are encouraged to jointly review the list and identify which team member would be responsible for addressing the item.

Results
60 out of 360 APPs completed the Transition Responsibilities survey. Approximately 31% of respondents were actively using the hospital’s standardized transition planning process. The primary responsibilities generally provided only by the APP are related to medical education, follow up on test results, medication, and when to seek treatment. Duties often delegated to the physician, staff nurse or social worker include use of patient portal, obtaining health insurance and release of information, and creating a list of providers and phone numbers.

Conclusion
APPs are responsible for a majority of medical oversight. Further work is needed to confirm how a greater understanding of the transition planning process expands the role of the APP to include enhanced engagement with the multidisciplinary team, patient/caregiver, and transfer to adult providers.

Next Steps
Participate in a Care Coordination Project to identify a minimal set of transition-related responsibilities. When patients are seen in multiple clinics, the APP’s would determine for which patients they would provide overall care coordination.
Transition Program Users vs Non-Users

- List of Providers: Users 60%, Non-Users 30%
- Solo Visit at 15+: Users 40%, Non-Users 10%
- MyHealth Passport: Users 40%, Non-Users 20%
- 3 Sentence Summary: Users 30%, Non-Users 10%
- Enroll Patient Portal: Users 80%, Non-Users 50%
- Obtain Health Insurance: Users 70%, Non-Users 40%
- Make Adult Provider Appt.: Users 90%, Non-Users 60%
- Explore Transportation: Users 50%, Non-Users 30%

Legend: Users: Blue, Non-Users: Yellow