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Whitney J. Cameron Children's Mercy Hospital

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# **Baylor International Pediatric AIDS Initiative (BIPAI): Maseru, Lesotho**

Whitney J. Cameron, DO, PGY3

Children's Mercy Kansas City, Kansas City, Mo.

### **Background**

- Lesotho "The Mountain Kingdom" in Southern Africa, ~2.13 mill (2019)
- Capital: Maseru 330, 760 (2016)
- · Global health lectures and community activities
- Literature provided from the Baylor International Pediatric AIDS Initiative (BIPAI)







## **Objective**

- Broaden understanding of global pediatric care and challenges
- Recognize global health care and social determinants surrounding HIV
- Improve efficiency when practicing in resource limited settings
- Understand medical education and training outside of the United States
- Cultural Diversity

# Preparation

- HIV research/reading provided by the clinical site
- Pre-test assessment over current HIV treatment
- Research regarding Lesotho culture and resources





## **Experience**

- · Clinic and Hospital based pediatric experience
- Evolving HIV and TB management
- · Creating resources in limited settings
- Quality Improvement Speaker and Leader on site



#### Reflection

- · Similarities in practices of care
- Well HIV visits, Medically Complex Children, Nursery
- Overcoming Challenges
- · Language Barrier
- · Cultural norms within sexual health
- Traditional Medicines
- The Basotho people and the beauty within tradition
- Life-long friendships





#### **Future Directions**

- Cincinnati Children's Pediatric Hospital Medicine Fellowship
- Incorporating global health into fellowship and career
- Universal need for better access to health care









