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Guided Mentorship: Enhancing Pediatric Resident's Skills in Cardiopulmonary Resuscitation

Alyssa Stoner
Children's Mercy Hospital

Kadriye O. Lewis
Children's Mercy Hospital

Jennifer Flint
Children's Mercy Hospital

Shekinah Hensley
Children's Mercy Hospital

Brian Lee
Children's Mercy Hospital

See next page for additional authors

Authors
Alyssa Stoner, Kadriye O. Lewis, Jennifer Flint, Shekinah Hensley, Brian Lee, and Jenna Miller

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Alyssa Stoner, MS, DO[1]; Kadriye O. Lewis, Ed.D[1,2];Jennifer Flint, MD[1,2]; Shekinah Hensley, MSN, RN,CCRN[1]; Brian Lee, PhD[1,2]; Jenna Miller, MD[1,]

[1]Children's Mercy Kansas City, Kansas City, MO; [2]University of Missouri Kansas City School of Medicine, Kansas City, MO

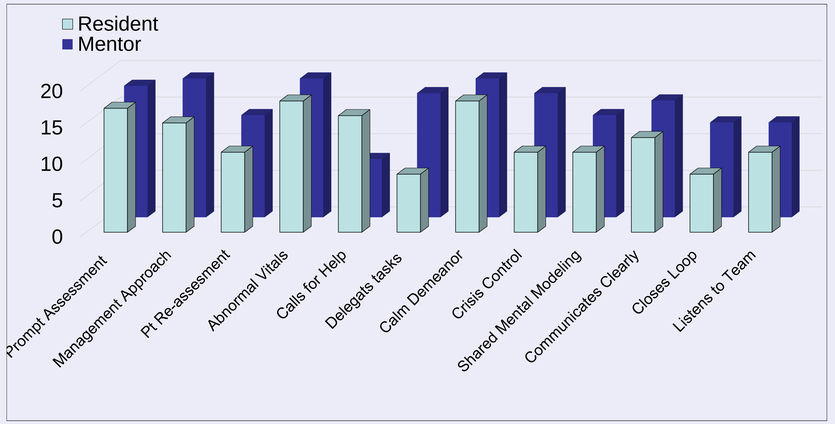
Context

- Literature supports multiple aspects of simulation-based training[1-5] to impart technical skills and behavioral skills
- Effects of different pedagogies have not been investigated in simulation
- Pediatric residents have minimal exposure to pediatric cardiopulmonary resuscitation (CPR) due to restrictions in work hours and increasing quality and safety initiatives[6]
- Code LITE (Low-tech, Internal, Training Experience) is a simulation environment for our residents utilizing a guided mentorship approach, known as cognitive apprenticeship
  - Residents completed pre and post rotation surveys and participating residents were observed during their simulation experience
  - Just-in-time, in-situ simulation program
  - 10 minute specific scenario with 10 minute debriefing session
  - Interprofessional team: nurses, respiratory therapists, pharmacists, attending physicians and pediatric residents

Observation/Evaluation

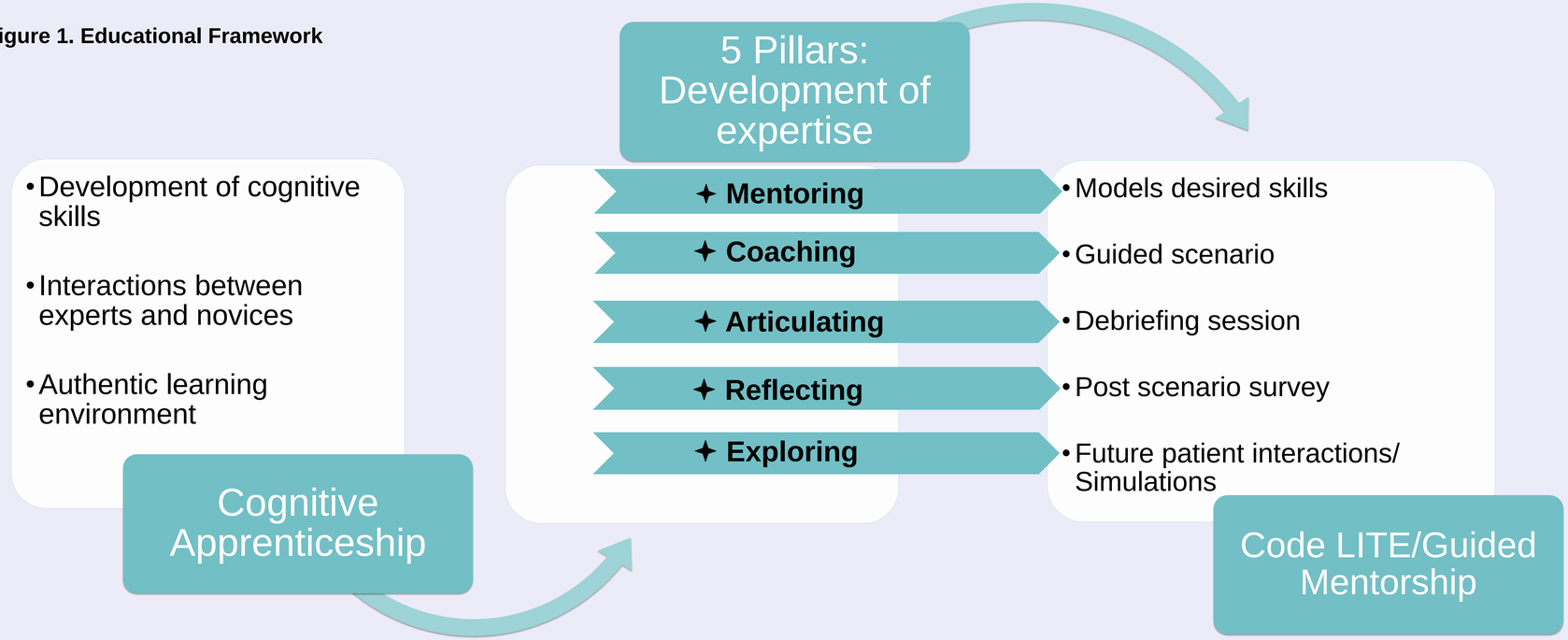
- Pre- PICU Survey Completion: 44/55
- Post-PICU Survey: 26/38 (14 exposed; 12 unexposed)
- Code LITE in-situ simulation session: 24/29 completed
- Over half, 57.1 % strongly agreed to prefer guided mentorship during simulation
- Observational data n=20
  - Compared to residents, mentors are more likely to display behaviors in the desired domains: Task delegation, crisis control, shared mental modeling, clear communication, closed loop communication and listening to team input
  - 90% of mentors encourage resident participation
  - 80% of mentors actively teach during scenario
  - 70% of mentors utilize shared mental modeling

Graph1. Desired Behaviors



Description

Figure 1. Educational Framework



Discussion

- Preliminary data demonstrates that it is feasible to conduct Code LITE with guided mentorship within in a large academic PICU
- Residents are exposed to behaviors in desired domains through mentor interaction
- Guided mentorship approach is well-aligned with the framework of cognitive apprenticeship within an in-situ simulation environment
- Facilitates residents' learning behaviors/skills necessary to lead a pediatric CPR scenario
- A majority of residents endorse positive learning experience, and would recommend the experience to their peers

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