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Practicing Pediatrics in Lake Atitlan, Guatemala

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Practicing Pediatrics in Lake Atitlán, Guatemala

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Children's Mercy Kansas City, Kansas City, Mo.

Background

- Pursued global health to develop skills to provide better care for future Spanish speaking patients, those from multicultural backgrounds



Objective

- Develop clinical skills in low resource setting
- Improve medical Spanish, cultural humility

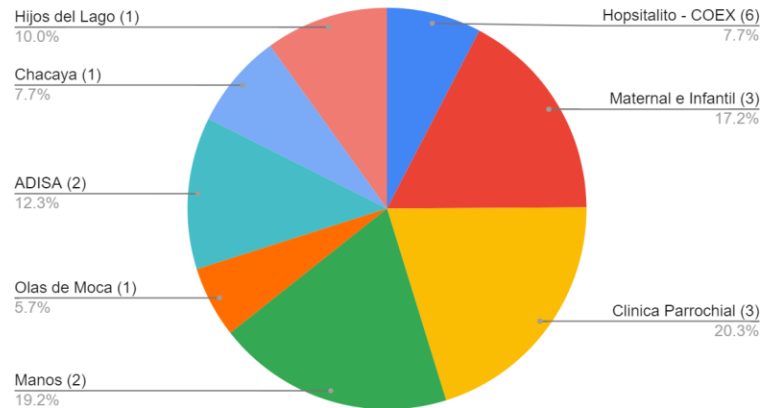
Preparation

- Participated in Global Health lectures and academic half days
- Reviewed past site reports, orientation manual, and researched Lake Atitlán area
- Utilized multiple apps – MSF guidelines, WHO Pocketbook, Children's Mercy guides

Experience

- Well child examinations and ill visits at Hospitalito and community sites
- Presentation to Maternal e Infantil mothers

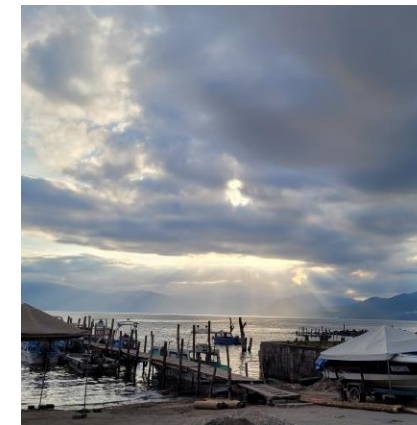
Clinical Experiences



Reflection

- Challenged my adaptability and independent decision making
- Faced ethical dilemmas – practicing within my limits and available resources versus ideal patient care delivery
- Developed my physical exam and clinical problem-solving skills as diagnostic labs, imaging, and referrals not readily available
- Confirmed my desire to continue working in Global Health – local or abroad

Future Directions



- Sought fellowship with Global Health opportunities
- Plan to pursue Masters in Public Health / Global Health
- Potential return to Guatemala