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Healthcare in Under-Resourced Areas

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Healthcare in Under-Resourced Areas

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Background

- Cambodia fast facts:
- Capital: Phnom Penh
- Population: over 16 million
- Language: Khmer
- Currency: Riel
- Major religion: Buddhism
- · UNESCO World Heritage site: Angkor Wat





Objectives

- · Gain cultural humility
- Learn to navigate diverse healthcare systems
- Understand global health challenges and solutions
- Develop cross-cultural communication skills
- · Enhance clinical skills in resourcelimited settings



Preparation

- Learning about Cambodia and its healthcare systems
- CDC Traveler's Health page
- International Travel Medicine Clinic
- Medical reference texts and resources



Experience

- Working in inpatient, ER, PICU, and NICU
- Learning about community perception and utilization of the healthcare system
- Experiencing the country and the people
- Eating great food!



Reflection

- Intersection of history and healthcare
- Ingenuity and resourcefulness
- Better understanding the facets of "global health"
- Learning the challenges of healthcare delivery in underresourced areas





Future Directions

- Global, Rural & Underserved Child Health (GRUCH) Fellowship
- Master in Public Health
- Career interests: preventative medicine, nutrition, development, health literacy, equitable healthcare delivery













