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ORIGINAL ARTICLE

The phenotypic and genotypic spectrum of individuals with mono- or biallelic ANK3 variants

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Abstract

ANK3 encodes ankyrin-G, a protein involved in neuronal development and signaling. Alternative splicing gives rise to three ankyrin-G isoforms comprising different domains with distinct expression patterns. Mono- or biallelic ANK3 variants are associated with non-specific syndromic intellectual disability in 14 individuals (seven with monoallelic and seven with biallelic variants). In this study, we describe the clinical features of 13 additional individuals and review the data on a total of 27 individuals (16 individuals with monoallelic and 11 with biallelic ANK3 variants) and demonstrate that the phenotype for biallelic variants is more severe. The phenotypic features include language delay (92%), autism spectrum disorder (76%), intellectual disability (78%), hypotonia (65%), motor delay (68%), attention deficit disorder (ADD) or attention deficit hyperactivity disorder (ADHD) (57%), sleep disturbances (50%), aggressivity/self-injury (37.5%), and epilepsy (35%). A notable phenotypic difference was presence of ataxia in three individuals with biallelic variants, but in none of the individuals with monoallelic variants. While the majority of the monoallelic variants are predicted to result in a truncated protein, biallelic variants are almost exclusively missense. Moreover, mono- and

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biallelic variants appear to be localized differently across the three different ankyrin-G isoforms, suggesting isoform-specific pathological mechanisms.

KEYWORDS

aggressivity, ankyrin-G, autism spectrum disorder, epilepsy, hypotonia, intellectual disability, language delay, neurodevelopmental disorder, sleep disturbances

1 | INTRODUCTION

Ankyrin-G (also known as ankyrin-3), encoded by ANK3, is a scaffolding protein important for neuronal organization, signaling, and brain development through its function as a linker between membrane proteins (e.g., sodium channels) and the cytoskeleton.^{1,2} As a result of alternative splicing, ankyrin-G has three major isoforms: the widely expressed 190 kDa isoform and the 270 and 480 kDa isoforms, which are primarily expressed in the brain (Figure [1](#page-4-0)). All three isoforms share three functional domains. The N-terminal membrane-binding domain comprises 24 ankyrin repeats (ANKRs) and acts as a scaffold for numerous membrane proteins. These are indirectly linked to the actin/spectrin cytoskeleton by the spectrin-binding domain (SBD), which comprises one UPA and two ZU5 domains. The C-terminal regulatory domain, which includes a death domain and an unstructured domain, modulates interactions with the ANKRs and SBD. $1,3-5$ The two larger 270 and 480 kDa isoforms have an additional giant exon domain, resulting from partial or full utilization of a 7.8 kb exon (Figure $1A$, B), respectively. This domain localizes these isoforms to the axon initial segments and Ranvier's nodes, where they act as master organizers.¹ In mouse brain, the three isoforms differ in their temporal expression. The expression of the 480 kDa isoform peaks at birth and decreases until stabilizing at adolescence. In contrast, expression of the 190 kDa isoform increases from birth and stabilizes from adolescence into adulthood, while the 270 kDa isoform is consistently expressed throughout life.^{[5](#page-11-0)}

Mono- and biallelic ANK3 variants have been reported in 14 individuals with features including intellectual disability (ID), speech impairment, autism spectrum disorder (ASD), attention deficit hyperactivity disorder (ADHD), ataxia, and epilepsy. $6-12$ $6-12$ Furthermore, 10 ANK3 variants (three biallelic and seven monoallelic) have been identified through genomic sequencing of individuals with either ASD^{13–15} or ID and epilepsy,^{16–19} but the clinical information was limited. Here, we describe 13 previously unreported individuals with mono- or biallelic ANK3 variants and review the 14 previously published individuals with detailed clinical information to improve our understanding of the correlation of ANK3 associated clinical features.

2 | MATERIALS AND METHODS

2.1 | Collection of clinical data

The unpublished individuals with either mono- or biallelic ANK3 variants were recruited from international genetic centers through

Matchmaker Exchange.²⁰ The parents or legal guardians of all probands have provided written informed consent. The study was approved by local ethical committees. The authors of the studies describing the previously published individuals were contacted, but no new data were available.

2.2 | Identification and evaluation of ANK3 variants

ANK3 variants were identified through clinical exome or genome sequencing. The variants have been annotated using the ANK3 transcript NM_020987.5 (GRCh38/hg38) coding for the 480 kDa isoform and described using the HGVS (Human Genome Variation Society) nomenclature recommendations [\(https://varnomen.hgvs.org/](https://varnomen.hgvs.org/)). The presence of ANK3 variants in control populations was reviewed using the Genome Aggregation Database (gnomAD v4.0.0, accessed November 3rd 2023; [https://gnomad.broadinstitute.org/\)](https://gnomad.broadinstitute.org/), and the pathogenicity of each variant was assessed according to ACMG/AMP (American College of Medical Genetics and Genomics/Association for Molecular Pathology) criteria.^{[21](#page-12-0)} The SpliceAI tool [\(https://github.com/](https://github.com/Illumina/SpliceAI) [Illumina/SpliceAI\)](https://github.com/Illumina/SpliceAI) was employed to predict the missense variants' effect on splicing, and the NMDEscPredictor tool [\(https://nmdprediction.](https://nmdprediction.shinyapps.io/nmdescpredictor/) [shinyapps.io/nmdescpredictor/](https://nmdprediction.shinyapps.io/nmdescpredictor/)) was used to assess the ability of the protein truncating variants (PTVs) to escape nonsense-mediated decay (NMD). CADD (combined annotation dependent depletion, [https://](https://cadd.gs.washington.edu/) cadd.gs.washington.edu/) scores were used to evaluate the predicted deleteriousness of all variants. All individuals with missense variants with CADD scores below 20 were excluded from the study.

2.3 | Structural modeling and molecular dynamics simulation of ANK3 missense variants

The 3D structures of the ANKR domain (ANKRD), SBD, and death domain of wild-type (WT) ankyrin-G (UniprotKB id: Q12955) were modeled using the crystal structures of ankyrin-B repeats domain (PDB ID: 4RLV) 22 22 22 and SBD-death tandem (PDB ID: 4D8O) 23 23 23 as templates. Due to unstructured sequences and the lack of a suitable template, it was not possible to generate a structural model of sufficient quality for the remaining domains. Domain structures with the ANK3 missense variants were modeled using the reference sequence as a template and molecular dynamics simulation was performed as described previously^{[24](#page-12-0)} (Supplementary methods - Data [S1\)](#page-12-0).

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FIGURE 1 Schematic overview of the ankyrin-G isoforms and variants. The color of the protein background bar and the lines indicating variant position illustrate whether a region and variant is present in all three protein isoforms (green), the 270 and 480 kDa isoforms (yellow), or solely the 480 kDa isoform (red). The ankyrin repeats comprise the membrane-binding region, the ZU5 and UPA domains comprise the spectrinbinding domain, and the regulatory region comprise the death domain and the unstructured C-terminal region, with or without the serine-rich domain and the giant exon. (A) The 480 kDa ankyrin-G isoform (NM_020987.5) as well as the position of the biallelic (left) and monoallelic (right) ANK3 variants. The microdeletion is not included. Compound heterozygous variants are in trans with the variant with the same proband number in superscript. Homozygous variants are in blue. (B) The 270 kDa (left) and 190 kDa (right) isoforms.

3 | RESULTS

The clinical and genetic data of 14 previously published and 13 newly identified individuals with mono- or biallelic ANK3 variants are summa-rized in Tables [1](#page-5-0) and [2](#page-6-0) (see also Tables [S1](#page-12-0) and [S2](#page-12-0)). Furthermore, data on two individuals with low CADD scores are presented in Table [S1.](#page-12-0) Ten

individuals identified through cohort-studies are not included in the results and discussion section due to limited clinical information, $13-19$ and their ANK3 variants are in Table [S2.](#page-12-0) The frequencies of the main clinical features are calculated across the entire cohort and individuals are grouped according to whether they have biallelic ($n = 11$) or monoallelic variants ($n = 16$) to investigate a genotype–phenotype correlation (Table [1\)](#page-5-0).

TABLE 1 Clinical data in 27 individuals with bi- and monoallelic ANK3 variants.

Abbreviations: ASD, autistic spectrum disorder; ID, intellectual disability; n, number.

3.1 | Phenotypic spectrum

The cohort comprised 27 individuals from 25 families (14 males and 13 females). The median age at the last examination was 8 years (from 18 months to 34 years). All individuals, except three previously published siblings (Family I, P9-11), 10 were unrelated. Detailed clinical information can be found in Table 1 and Table [S1.](#page-12-0) Most individuals (55%, 12/22) were born at term following an unremarkable pregnancy.

Motor delay was reported in 68% (15/22), while language was delayed in 92% (24/26). Through clinical evaluation, ID was observed in 21 out of 27 individuals (78%) old enough to be evaluated: seven with mild (33%), four with moderate (19%), and five with severe ID (24%). In five individuals, ID severity was not specified (24%). Three individuals were borderline, and one was reported with learning disability. Two individuals were reported to have normal cognition (P14 and P27).

Behavioral and psychiatric disturbances were common (26/26, 100%) and included autistic features (16/21, 76%), ADHD/ADD (12/21, 57%), aggressive/self-injurious behavior (9/24, 38%), and anxiety (5/24, 21%). Ataxia was reported in 3/15 (20%) and hypotonia in 15/23 (65%) individuals and in two of them only in childhood.

Nine out of 26 individuals (35%) had seizures with median onset at 6 months of age (ranging from 4 months to 12 years). Epilepsy phenotype was described in detail for only two patients. The most common seizure types were epileptic spasms, absence-like seizures, febrile seizures, myoclonic seizures, and generalized tonic–clonic seizures. Different sleep disturbances were described in 10/20 individuals (50%) (Table [S1\)](#page-12-0).

Nonspecific dysmorphic features were observed in 13/22 (59%) of individuals, and few individuals had vision disorders such as strabismus and or myopia. Brain neuroimaging (magnetic resonance or computerized tomography) was performed in 20 individuals, and nine of

them (42%) had non-specific abnormalities, such as corpus callosum hypoplasia in three, white matter hyperintensities in three, and cere-bellar vermis hypoplasia in two individuals (Table [S1](#page-12-0)).

3.2 | Molecular spectrum of ANK3 variants

Among the 27 individuals with detailed clinical information, 29 unique mono- or biallelic ANK3 variants (16 novel) were detected (Table [2\)](#page-6-0). Monoallelic variants were identified in 16 individuals, of which four were missense and 12 were PTVs comprising one start-loss, three nonsense and seven frameshift variants, and one balanced translocation with one of the breakpoints in intron 25 of ANK3 (P25). 10 Five homozygous and six compound heterozygous variants were found in 11 individuals, all unrelated except from a sibling trio.¹⁰ These biallelic variants were missense/missense, except two homozygous frameshift variants p.(Thr3666Leufs*2) and p.(Gln3661Valfs*22) and one microdeletion in trans with a missense variant (P3). Only a single variant p. (Thr1861Met) was observed three times in unrelated biallelic individuals (P4, P6, and P7).⁹ Segregation data were available for 12 heterozygous individuals and the variants occurred de novo in all except for P27, where one of the parents showed 22% mosaicism in blood^{[12](#page-11-0)} (Tables [S1](#page-12-0) and [S2\)](#page-12-0). All individuals with biallelic variants except one (P3) for whom segregation data were available had inherited the variants from their respective parents. None of the parents were reported to be clinically affected, except the father of P1 (missense/missense) who had epilepsy and the mother of P3 (missense/copy number variant) who had ADHD. P3 was compound heterozygous for a maternally inherited missense variant and a de novo microdeletion encompassing 25 protein-coding genes, six of which were OMIM morbid genes (ANK3, PCDH15, TFAM, BICC1, ZNF365, and EGR2; DECIPHER GRCh38, [www.deciphergenomics.org\)](http://www.deciphergenomics.org). Of these genes PCDH15 and TFAM are associated with autosomal recessive and/or

TABLE 2

TABLE₂

(Continued)

(Continued)

CNV, copy number variant; Trans, translocation; NoV, no other variant detected. CNV, copy number variant: Trans, translocation; NoV, no other variant detected

digenic recessive conditions, and BICC1 and ZNF365 are susceptibility genes. EGR2 is associated with autosomal recessive or autosomal dominant hypomyelinating neuropathy, and almost all the heterozygous variants reported in affected individuals are missense (Table $S2$).^{[25](#page-12-0)}

None of the PTVs were predicted to escape NMD, and missense variants were not predicted to affect splicing (Table [S2](#page-12-0)). All the monoallelic variants were absent in control populations. The biallelic variants were either absent or present in very low frequency (<0.006%), except two variants (p.(Thr1861Met) and p.(Pro2490Leu)) which had an allele frequency of 0.431% and 0.044%, respectively (Table [S2\)](#page-12-0). Notably, both variants were shown to be pathogenic through func-tional studies.^{[9](#page-11-0)}

Using ACMG criteria, five of the biallelic variants were classified as variants of uncertain significance (VUS) and six were classified as likely pathogenic (LP) or pathogenic (P). Of the monoallelic variants, 15 variants are classified as LP/P and one as VUS (Table [S2](#page-12-0)).

3.3 Structural prediction of ankyrin-G variants

3D models of the reference and nine missense variants within the ANKRD and SBD-death domain of ankyrin-G were obtained through homology modeling and were then subjected to molecular dynamics simulation (Figure [2A, B\)](#page-8-0). All functional domains universally present in all isoforms were modeled, except for the C-terminal unstructured domain. Obtaining a quality model of the latter, as well as of the isoform-specific giant exon and serine-rich domains was impeded due to unstructured sequences and the lack of suitable templates. The biallelic p.(Arg31Gln) is located in the interaction region between the N-terminal segment and the first ANKR domain and causes a conformational change in the protein by separating the N-terminal tail from the repeats (Figure [2C](#page-8-0)). Furthermore, the variant is in trans with p.(Glu2663Lys) (not modeled), and both residue substitutions change the side chain charges (positive to uncharged and negative to positive, respectively), which may affect local stability or potential interactions. p.(Arg541Gly) and p.(Ala573Glu), both monoallelic, are located near the ANKRD surface (Figure [2A](#page-8-0)) where they alter the surface electrostatic charge by disrupting the continuity of a positively charged patch or expanding a negatively charged patch, respectively (Figure [2D, E\)](#page-8-0), possibly affecting interactions with other macromolecules. Moreover, as p.(Ala573Glu) is located between ANKRs, the change of the small alanine for the larger glutamate also distorts the relative repeat position, which may cause long-term destabilization of the domain. Pro1224 is, together with Pro1223 and Pro1225, part of a rigid loop which precedes an α-helix (Figure [2F](#page-8-0)). The biallelic p.(Pro1224Leu) substitution, which is found in trans to a copy number variant, introduces flexibility to this region, greatly destabilizing the local structure of the second ZU5 domain and is predicted to cause the loss of the adjacent α -helix (Figure $2F$). Finally, the simulation for the homozygous p.(Tyr60His), the heterozygous p.(His112Tyr), and the compound heterozygous p.(Leu792Pro), which is in trans to p.(Gly2567Val) (not modeled), shows no significant effect on the structure or mobility of

FIGURE 2 Structural models of the ANK3 wild-type (WT) and variant domains. The WT ankyrin-repeat domain (ANKRD) (A) and spectrinbinding domain (SBD)-death motifs (B) with variant positions represented as pink spheres. (C) The p.(Arg31Gln) variant induces a conformational change affecting the position of the N-terminal (N). (D) p.(Arg541Gly) and (E) p.(Ala573Glu) alter the surface electrostatic charges. (F) p. (Pro1224Leu) destabilizes the local structure of the second ZU5 domain due to abnormal flexibility and the loss of an α -helix.

the domain (Figure [S1A](#page-12-0)–C), although an impaired domain folding process cannot be ruled out.

3.4 | Genotype–phenotype correlation

 (A) Tyr60

We compared the phenotypes of the individuals with biallelic variants to those who have monoallelic variants (Table [1](#page-5-0)). A notable

observation was the presence of ataxia in three individuals (3/6) with biallelic variants, while it was not reported in individuals with monoallelic individuals (0/9). Furthermore, motor and language delay, ID, aggressive self-injurious behavior, ASD, ADHD/ADD, hypotonia, sleep disturbances, and epilepsy were observed more often in individuals with biallelic variants compared to those with monoallelic individuals. Anxiety was reported only in individuals with monoallelic variants (5/16).

4 | DISCUSSION

In this study we describe the clinical features and genotypes of 27 (13 new and 14 published) individuals with mono- or biallelic ANK3 variants, corroborating the ANK3-related neurodevelopmental disorder as a disease primarily affecting brain function. As the different isoforms of ankyrin-G play distinct and important roles in neuronal development and signaling, a defective protein would be expected to lead to a wide array of neurological manifestations. Indeed, the main clinical manifestations in the reported individuals are language delay (92%), behavioral/psychiatric features (100%), ID (78%), motor delay (68%), hypotonia (65%), sleep disturbances (50%), and epilepsy (35%). The most common behavioral/psychiatric features were ASD (76%), ADHD/ADD (57%), and aggressive self-injurious behavior (38%).

In general, individuals with biallelic variants had more clinical features compared to those with monoallelic variants. Similar correlations have been made for the developmental epileptic encephalopathies related to variants in SCN8A, encoding the poreforming subunit in the voltage gated sodium channel Na_v1.6,²⁶ and GRIN2A, which encodes a glutamatergic NMDA receptor subunit.^{[27](#page-12-0)} When comparing the phenotypes, a notable observation was the presence of ataxia in three individuals with biallelic variants (3/6), but none of the individuals with monoallelic variants (0/9) had this feature. On the other hand, anxiety was only observed in individuals with monoallelic variants. However, we have not identified a clear phenotype–genotype correlation, and the number of individuals is too small to associate ataxia with biallelic and anxiety with monoallelic variants.

Variants in ANK3 have repeatedly been linked to schizophrenia and bipolar disorder^{[5](#page-11-0)} and increased anxiety was observed in heterozygous Ank3 knockout mice.²⁸ In the present cohort, we observe a high frequency of behavioral disturbances, especially aggressive behavior, and anxiety has been reported in five of the individuals with monoallelic variants. Bipolar disorder or schizophrenia has not been observed in any individuals in this cohort, but this may be due to the young age at the last examination.

ANK3 has a LOEUF (loss-of-function observed/expected upper bound fraction) value of 0.12, suggesting that it is intolerant to lossof-function variants, and similarly, a Z-score of 5.35 which indicates that the gene is also intolerant to missense variants (gnomAD database). When considering the variant localization, it is notable that we have not detected any variants in the C-terminus of the protein, namely the death domain and the unstructured domain. In contrast, most of the monoallelic variants (14/16) are in the N-terminus of the protein within two domains, ANKRD and SBD, which are present in all isoforms (Figure [1](#page-4-0)). Eleven of these variants are PTV, suggesting haploinsufficiency of all the isoforms as the disease mechanism for monoallelic variants. As most of the monoallelic variants are present in all three isoforms, we cannot exclude the presence of a second, for example, non-coding, variant in trans to the two monoallelic variants affecting only the larger isoforms (p.(Glu1949*) and p.(Lys3184Arg)). Similarly, we cannot exclude the presence of a trans variant for the

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three monoallelic missense variants p.(His112Tyr), p.(Arg541Gly), and p.(Ala573Glu). Unlike the monoallelic variants, the biallelic variants are not clustered. Putting the microdeletion aside, four of the 12 biallelic variants affect all the three isoforms, while two variants affect both the 270 and 480 kDa isoforms and six variants affect only the 480 kDa isoform. The only PTVs identified in a biallelic configuration (homozygous variants p.(Gln3661Valfs*22) in P8 and p. (Thr3666Leufs*2) in family I) are in the C-terminal of the giant exon which is present only in the 480 kDa isoform and thereby affect only this isoform (Figure [1](#page-4-0)). This suggests that biallelic PTVs within the domains common to all the isoforms or common to the 480 and the 270 kDa isoforms (serine-rich domain and the N-terminal of the giant exon) are not tolerated, while monoallelic PTVs in the giant exon are (supported by the presence of 57 monoallelic PTVs in gnomAD). Correspondingly, most of the biallelic variants are missense (10/12), suggesting that these variants may be hypomorphic, and may be detrimental when both alleles are affected and surpass a threshold. Further studies are necessary to understand the nature of the variants and their impact on disease phenotypes of heterozygotes for the missense variants. Mono- and biallelic variants are distributed differently, where monoallelic variants, mainly PTVs, are clustered in ANKRD and SBD, while most of the biallelic variants are in the giant exon domain. This may suggest that (1) variants exclusively affecting the larger isoforms are primarily deleterious when biallelic and (2) haploinsufficiency as a pathogenic mechanism mainly applies to the N-terminal domains shared by all three isoforms. This may be explained by the crucial role these domains play in the scaffolding-ability of ankyrin-G. The ANKRD binds, recruits, and organizes many transmembrane ion channels, transporters, and pumps, such as voltage gated sodium channels (including $Na_v1.6$), as well as cell adhesion molecules and other scaf-folding proteins (reviewed by Yoon et al.^{[5](#page-11-0)}). It is notable that, of the biallelic individuals, only two have variants which both affect the ANKRD, and these variants are missense variants. It is thus plausible that amorphic, biallelic disruption of these domains is not tolerated.

Predictive protein modeling of several of the missense variants found in or upstream of the ANKRD revealed conformational changes or altered surface electrostatic charges, which likely affect binding with one or more of the many interaction partners of the ANKRD, such as the motor protein KIF5. The ankyrin-G-KIF5 interaction is essential for the transport of the sodium channel $Na_v1.2$ in the axon initial segments, and its disruption considerably reduces local $Na_v1.2$ levels and may affect action potential firing. 29 Notably, both the p. (His112Tyr) variant in P13 and the p.(Asn227Lys) variant, which had a CADD score below the inclusion threshold (Tables [S1](#page-12-0) and [S2](#page-12-0)), disturb the binding sites for KIF5. Only the p.(Asn227Lys) variant is predicted to alter protein structure, as it introduces a considerable narrowing of the angle between the N- and C-terminal moieties of the ANKRD, which likely alters protein function (Figure [S2](#page-12-0)). Thus, although this variant has a low CADD score, it may have a pathogenic effect and necessitates functional studies. The only missense variant (p. (Pro1224Leu)) located in the highly conserved SBD, which links ankyrin-G to the cytoskeleton, is predicted to destabilize the local

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structure, possibly affecting spectrin-binding. However, as this variant is in trans to the microdeletion (P3) encompassing six OMIM morbid genes, it is unclear whether the severe phenotype is due to either or both variants. 3D protein modeling with adequate quality of the giant exon and the serine-rich domain was impeded due to the lack of suitable templates, and thereby the effects of the missense variants located in these domains could not be predicted. However, future advances on resolving the structure of ankyrin-G (or other relevant templates) may enable prediction of the effect of the remaining missense variants.

In brief, this study confirms the importance of ANK3 in the etiology of ID, developmental delay, behavioral issues (including ASD, ADHD/ADD, aggressivity/automutilation), hypotonia, sleep disturbances, and epilepsy. In general, individuals with biallelic variants had more clinical features compared to those with monoallelic variants. Detailed and standardized clinical phenotyping and correlation of genotype and phenotype will allow us to better understand the pathogenesis and identify early diagnostic and prognostic factors. This will be pivotal to improve prognostic accuracy and for the future identification of targeted treatment options. Functional analyses are needed to confirm the mechanism of action and assess severity of the allelic spectrum.

AUTHOR CONTRIBUTIONS

Conceptualization: Zeynep Tümer, Elena Gardella, Rikke S. Møller; Data Curation – genetic and clinical investigations: Michael J. Bamshad, Tahsin Stefan Barakat, Meghan N. Bartos, Emilia K. Bijlsma, Francesco Brancati, Lucile Cejudo, Jessica X. Chong, Wendy K. Chung, Chiara De Luca, Sarah Joy Dean, Alena Egense, Himanshu Goel, Adam J. Guenzel Ulrike Hüffmeier, Eric Legius, Grazia M. S. Mancini, Tanguy Niclass, Marc Planes, Sylvia Redon, Karen Rouault, Rachel Schot, Sarah Schuhmann, Joseph J. Shen, Alice M. Tao, Miel Theunis, Isabelle Thiffault, Hilde Van Esch, Ingrid M. Wentzensen; Data Analysis: Francesca Furia, Amanda M. Levy, Paulino Gomez-Puertas, Iñigo Marcos-Alcalde, David Ros-Pardo, Elena Gardella, Zeynep Tümer; Project Administration: Francesca Furia, Amanda M. Levy, Elena Gardella, Zeynep Tümer; Visualization: Amanda M. Levy, Paulino Gomez-Puertas, Iñigo Marcos-Alcalde, David Ros-Pardo; Writing – Original Draft Preparation: Francesca Furia, Amanda M. Levy, Paulino Gomez-Puertas, Zeynep Tümer, Elena Gardella; Writing – Review & Editing: All authors; Fine tuning and final editing of the manuscript: Francesca Furia, Amanda M. Levy, Tahsin Stefan Barakat, Miel Theunis, Wendy K. Chung, Zeynep Tümer.

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CONFLICT OF INTEREST STATEMENT

Ingrid M. Wentzensen and Adam J. Guenzel are employees of GeneDx, LLC. The remaining authors have no conflicts of interest to declare.

DATA AVAILABILITY STATEMENT

The data analyzed in the current study are available in the Table [S1](#page-12-0).

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SUPPORTING INFORMATION

Additional supporting information can be found online in the Supporting Information section at the end of this article.

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