

Small Group Project Strategic Planning (GROW Model)

Directions

Goals * Reality * Options * Way Forward

The GROW Model is a method for problem solving and setting goals.

We will work through the first three (3) steps as a large group.

You will choose a project to work on in a small group for the final step.

Directions

Goals

Reality

Options

Break

Please return in 10 minutes

Directions

Way Forward

Choose one of the 'Options' from the last step

Begin working on SMART goals with your group

Specific, Measurable, Achievable, Relevant, Time Limited

Discussion

Way Forward

Report out on next steps