

**Postoperative - Inpatient to discharge**

**PACU handoff to Inpatient Nurse**

- Report length of time in PACU
- Provide info on medications administered in the OR and PACU (including analgesics),
- Patient's overall status while in PACU

**Postoperative Surgical Management**  
*Urology Enhanced Recovery Post Op Order Set*

- **Diet:**
  - Clears day of surgery/regular diet next day
- **OR**
- Sips of clears (to be advanced by surgery team)
- **IV Fluids:** goal is to d/c once tolerating PO
- **Ambulation:**
  - POD 0- up ad lib
  - POD 1- up to ambulate or chair as tolerated 3x/day
- **Incentive Spirometry**
- **Medications:**
  - Cefoxitin standard dosing x 48 hours
  - Ondansetron prn

- Assess pain q4 hr or PRN
- Initiate clear liquids; advance diet as tolerated

Epidural or ESP Catheters in place?

Pain team continues to follow patient

**Abbreviations (laboratory and radiology studies excluded):**

- ESP-
- NSAIDs- nonsteroidal anti inflammatory drugs
- PACU - post anesthesia care unit
- OR - operating room
- PONV- post-op nausea/vomiting
- PRN- as needed
- P.T. - physical therapy

Is patient tolerating PO pain medication?

Pain team signs off Primary team writes pain orders

**Postoperative Pain Management**  
*Goal: Minimize Opioids*

- **Acute Pain Service:**
  - Will round on patient daily while catheters are in place
  - Epidural/ESP catheters will stay in place until patient is tolerating a normal diet
  - Pain team orders scheduled acetaminophen/ketorolac.
  - May consider ketamine or dexmedetomidine gtt.
- **Primary Team:**
  - Once patient is tolerating clears: can order PO oxycodone

Main discharge criteria:

**Bowel regimnt:**

- Daily bowel movement with prescribed regimnt (refer orders).

**Urine:**

- Urine outpt 1cc/kg/hr or 30cc/hr
- Caregivers comfortable with bladder care

**Pain control:**

- Tolerating oral pain meds

**PONV & Diet:**

- Tolerate regular diet

**Ambulation:**

- Ambulate 3x/day for eligible patients
- Or majority of day out of bed
- Consider P.T. consult

Does pt meet discharge criteria?

Discharge home with post-operative follow up visit in three to four weeks

• [Prior to surgery algorithm](#)  
• [Pre&Intra-operative algorithm](#)  
• [Post-op PACU algorithm](#)