

Management of Dehydration - Fluid of Choice

Fluid of Choice: A conditional recommendation is made for using fluids other than commercial ORS such as dilute apple juice or preferred fluids for children with mild dehydration with acute gastroenteritis (AGE). The overall certainty in the evidence is very low. Freedman et al. (2016) compared half-strength apple juice to ORS in pediatric patients with mild dehydration and found there was no difference in unscheduled healthcare visits after the initial ED visit

[Link to Evidence](#)

These guidelines do not establish a standard of care to be followed in every case. It is recognized that each case is different and those individuals involved in providing health care are expected to use their judgment in determining what is in the best interests of the patient based on the circumstances existing at the time. It is impossible to anticipate all possible situations that may exist and to prepare guidelines for each. Accordingly these guidelines should guide care with the understanding that departures from them may be required at times.